



7 Days Before Your Wedding Day

- Stop using any exfoliating products**
such as retinol, salicylic acid, or any facial scrubs to minimize redness, sensitivity, or peeling that may be present.
- Get your eyebrows waxed**
3 days to a week out from your wedding. The skin may be very fresh and smooth, with the possibility of redness or flakiness as well. Makeup also has a hard time sticking to freshly waxed skin.
- Stop teeth whitening**
a week before your wedding to ensure your gums have time to calm down from any redness or soreness, and so your teeth are no longer sensitive to you can enjoy drinks and food on your wedding day.
- Drink water and get plenty of rest**
Advice that is given often, however, being well rested and hydrated will make a difference in the appearance of your skin.
- Wear sunscreen**
every day within the week of your wedding to make sure you don't accidentally get a sunburn for any reason right before your big day. This is especially important for your shoulders, back, and upper chest region.
- Don't use new or unfamiliar products**
as it can confuse your skin and potentially cause breakouts. If you can, wear little to no makeup the week before your wedding to give your skin some time to calm down and clear out, ensuring the best skin possible for your wedding day.
- Notify us of any allergies**
if your bridal party has any known allergies to ingredients that may be present in cosmetics, please let us know. This allows enough time for us to identify alternatives.

On Your Wedding Day

- Wash your hair & your face**
You and your party should have freshly washed skin with no remnants of yesterday's makeup. Do not wear any moisturizers or sunscreens after washing your face. You may also wash your hair on the Wedding Day. We will use skincare and hair products to achieve your best look.
- Wear a button up shirt or a robe**
so you don't mess up your makeup or hair when changing into your dress.
- Brush your teeth and put in your contacts**
prior to sitting in the makeup chair. Doing so after your makeup is done will run the risk of smudging.
- Take your allergy medication**
before getting your makeup done, especially if you are prone to eye watering. Getting your eye makeup done can tickle, causing the eyes to water, and being outside in the sun and allergens can cause watering, so the more prepared you are, the better!
- Organize payment for hair and makeup artists**
Payment will be made as a lump sum amount to each individual artist in cash. Please ensure this payment is accurate and prepared to save time and confusion. See contract for further details.
- Avoid cell phone usage and other distractions**
during hair and makeup to ensure our beauty services stay on schedule.